| Day 0 | Day symptoms begin or positive test. |  |
| :---: | :---: | :---: |
| Days 1-4 | SELF-ISOLATE |  |
| Day 5 | Negative lateral flow. Continue to self-isolate. | Positive lateral flow. Continue to self-isolate. |
| Day 6 | Negative lateral flow 24-hrs after the previous one. Self-isolation ends. Return to school. | Take lateral flow 24 hrs after the last one. Negative lateral flow. Continue to self-isolate. |
| Day 7 |  | Negative lateral flow 24-hrs after the previous one. Self-isolation ends. Return to school. |
| Day 8 | If testing is not possible, you continue to test positive or you have symptoms (high temperature and/or cough) you must self-isolate for the full 10 days. |  |
| Day 9 |  |  |
| Day 10 |  |  |
|  |  |  |
| For con under | ed close please ly testing |  |
| for 7 days. |  |  |

Any symptoms please test immediately and isolate until results.

Undergo twice weekly testing (suggested Sun/Wed) to try and catch asymptomatic positives.

